

Top Tips for Clinicians



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Subject	Bradford Response for Frailty in COVID 19
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Disclaimer	These are intended only as good practice prompts. Use your clinical judgement.
Top Tip 1	<p>What is Frailty and how do we measure it?</p> <ul style="list-style-type: none"> • 'Frailty' refers to a person's mental and physical resilience, or their ability to bounce back and recover from events like illness & injury • Rockwood Clinical Frailty Score has been used by NICE to define frailty • See Top Tips in using CFS - remember it is not suitable for < 65 years old or those with a single fixed disability
Top Tip 2	<p>Why is it important in COVID and what else affects outcomes?</p> <ul style="list-style-type: none"> • NICE have used the CFS as part of a holistic assessment to help decision making in Critical Care for Adults with COVID NICE – Covid-19 rapid guideline: critical care in adults • IT DOES NOT INCLUDE < 65yrs or People with LD • NICE has shown that Critical Care mortality and hospital mortality increased with age, cardiovascular & respiratory co-morbidity and frailty <p>NICE – information to support decision making</p>
Top Tip 3	<p>What services have we developed in Bradford to support Frail patients</p> <ul style="list-style-type: none"> • Bradford Frailty Pathway (see the attached slides) • MyCare24 - A 24/7 service any GP/ANP/DN can ref too: to support patients in their own home BUT YOU NEED A PLAN - Refer via System One > Frail Patient Template • Immedicare - The service for ALL Care Home residents, they are automatically enrolled • Gold Line - Remember if your patient is in the last year of life, put on the GSF and refer to GOLD line (all electronic via EPPACS) <p>Hear more about the service by watching our Podcast</p>
Top Tip 4	<p>How to get more clinical support</p> <ul style="list-style-type: none"> • The CCG has set up a 'Super Rota' of Clinicians - Care of Elderly Consultants, GPwSI and experienced GPs running from 8am -Midnight out of the Digital Care Hub at AGH • The Super Rota supports complex decision making following the principles from the RCP Supporting implementation of NICE critical care guidelines • Use the paper Escalation Tool developed on visits or as a referral letter or Use the new System One Template in the COV-19 Clinician Console available through ASSIST • Access the Super Rota by referring the patient to MyCare24 or if they are in a Care Home calling the Digital Care Hub on 01535 292764 • The Super Rota are also running an hour long 'Huddle' every day to support each other & we are happy to have community staff join in. Please email bradford.ccg@nhs.net
Questions to	Clinical Top Tips: Top.Tips@bradford.nhs.uk
My CPD	<i>Document the key points simply, reflect on what it means for me, so what?</i>
My QI	<i>Take action, then document a simple Quality Improvement for my next appraisal</i>